



**BOSPHORUS INTERNATIONAL PRESCHOOL  
WEEKLY MENU May 2012**

<b>May 2 -4</b>	<b>MORNING SNACK</b>	<b>LUNCH</b>	<b>AFTERNOON SNACK</b>
Wednesday	Simit/milk/cheese cubes	Lentil vegetable casserole/ rice/yogurt/carrot salad	Fruit yogurt
Thursday	Bread /butter apples/milk	Cottage pie/spinach casserole/shepherds salad	Cheese cubes/ cucumber/ bread sticks
Friday	Cereals/milk	Beef chili /rice/roasted red peppers/zucchini and yogurt	Fruit salad/ice cream
<b>May 7-11</b>			
Monday	Carrot muffins/milk	Lentil soup/Pasta with vegetable sauce grated cheese/mixed salad	Vegetable sticks/ dip/grissini
Tuesday	Cornflakes/banana/ milk	Mincemeat and vegetable casserole/baked potatoes with cheese	Mixed fruit/dried apricots
Wednesday	Watermelon/cheese	Margarita and vegetable pizza/ seasonal salad	Fruit yogurt
Thursday	Simit/cheese/ milk	Haricot bean and vegetable casserole/rice/yogurt	Fresh fruit cake/ lemonade
Friday	Cereals /milk	Roast chicken /mashed potatoes/kidney beans in tomato sauce	Bread /honey with bananas
<b>May 14-18</b>			
Monday	Mixed fruit/bread/ butter	Pasta and mince beef bake/green salad/garlic bread	Seasonal fruit/raisins
Tuesday	Simit/milk	Meatloaf/tomato rice/green beans in tomato sauce	Apples/strawberries dried apricots
Wednesday	Cereals / milk	Vegetable soup/mixed pastries/yogurt/carrot salad	Vanilla short bread
Thursday	Cornflakes/milk/ strawberries	Chicken burgers/American salad/cracked wheat salad	Fruit yogurt
Friday	Bread/cheese / cucumbers/ tomatoes/olives	Lentil vegetable casserole/ mashed potatoes/yogurt/ carrot sticks	Savoury cheese twists
<b>May 21-25</b>			
Monday	Cornflakes/milk/ Raisins	Carrot soup/sandwich selection/mixed salad	Watermelon /white cheese
Tuesday	Simit/milk	Chicken vegetable casserole/rice/green salad	Apple crumble/ ice cream
Wednesday	Mixed fruit/bread sticks	Ezo gelin soup/cheese pide/ bean salad	Strawberry/apples
Thursday	Bread/butter/jam/milk	Meatballs in sauce/cracked wheat vegetable rice/yogurt	Seasonal fruit
Friday	Apples/bread/butter/ milk	Stuffed zucchini + green peppers/yogurt/potato salad	Savoury bun (pogaca)/lemonade
<b>May 28 -31</b>			
Monday	Cereals / milk	Vegetable soup/Turkish ravioli (Manti)/yogurt/salad	Mixed fruit
Tuesday	Bread/butter/apple/ milk	Chicken snitzel /noodles/ zuchinni au gratin	Strawberries/grapes/ banana
Wednesday	Cornflakes/ strawberries/milk	Margarita/vegetable pizza/carrot salad	Raw vegetable plate/dip
Thursday	Bread/butter/tomato/ cheese/cucumber	Tomato soup/ Mincemeat pie (borek)/spinach pie/yogurt/ Seasonal salad	Fruit salad /ice cream